



summer 2022 newsletter

Up to 30% of Medicaid beneficiaries have prediabetes. VDH and DMAS are offering the National Diabetes Prevention Program – a CDC-certified year long, evidence-based lifestyle modification program that has been proven to lower the risk of developing diabetes by 58% – free of charge to your patients with prediabetes. Enrollment ends in June, so please refer patients soon. Find more information [here](#).

Press

➔ New York Times, [How to Find a Mental Health App That Works for You](#)

➔ Annals of Family Medicine, [Health Equity: The Only Path Forward for Primary Care](#)

Management of dementia-related behaviors during COVID. Thought-provoking trends from the second Virginia nursing home clinician survey included that rural clinicians reported increases in use of antipsychotics and sedating antidepressants more often than their urban and suburban colleagues ($p=0.053$ for both). 85% of respondents stated that the lack of family and volunteers, as well as staffing changes, made dementia management more difficult. Of concern, only 19% of clinicians stated that their facilities offered support for their pandemic related stress, and only 12% reported reduced administrative burdens to help with the challenges of nursing home dementia care.

These are preliminary findings from a March 2022 survey of Virginia nursing home clinicians funded by the Virginia Center on Aging, ARDRAF 22-2. More information about the study can be found at [The Larry A. Green Center blog page](#).

PLEASE TAKE THE NEW 5 MINUTE SURVEY NOW AVAILABLE FOR VIRGINIA NURSING HOME CLINICIANS! And feel free to pass along to any Virginia nursing home colleagues – physicians, NPs, and PAs. **The survey end date is 6/2/2022.**