

**Thank you for another wonderful year!** As we approach the end of 2022, we want to celebrate your contributions and express our gratitude toward all the practices and patients that make our work possible. There's no way we could do what we do without you. We are grateful to be partners in change with you and we appreciate all you do to care for the people of Virginia. Best wishes to you and yours for 2023.

**Eight medical students participated in our summer research program this year!** They spent four weeks doing study tasks, attending seminars by faculty and staff, developing research questions and conducting their own analyses alongside mentors, and generally learning about primary care research. At the end of the experience, they presented their work at our annual Summer Research Symposium and many went to various local and national conferences. Sarah Beaverson and Louisa Boswell were recognized as top presentations at the [2022 VAFP Scholarly Symposium](#). Three teams – Nihar Mahajan and Beck Regan, Linh Luong and Sarah Edwards, Akshaya Sekharan and Victoria Strunk – had posters at the NAPCRG Annual Meeting in Phoenix (see photo). Nihar and Beck's poster "Patients' Progress and Confidence Addressing Root Causes of Poor Health in Primary Care" was [PaCE](#) approved. Excellent work and congratulations to all!



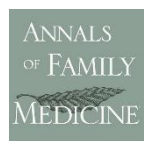
**The Fralin Biomedical Research Institute at Virginia Tech Carilion is recruiting adults with type 2 diabetes for an entirely remote research study.** The program will help individuals lose weight, adopt a healthy lifestyle, and study the most effective motivational strategies for successful weight loss. Participants receive \$215 compensation for completion of all study procedures! Email [healthyhabits@vtc.vt.edu](mailto:healthyhabits@vtc.vt.edu) for information.

**We went to NAPCRG's 50<sup>th</sup> Annual Meeting in November.** ACORN, VCU, Virginia Tech Carilion, the Larry A. Green Center, and the Shenandoah Valley Family Medicine Residency were proud to represent our work at the conference with 30 presentations, posters, and workshops. Two abstracts were chosen as distinguished papers.

➔ Michelle Rockwell, PhD, RD, [Screening for Unhealthy Alcohol Use among Virginia Primary Care Patients with Multiple Chronic Conditions](#)

➔ Jacqueline Britz, MD, MSPH, [Bright Spot Communities: Understanding Community-Level Protective Factors to Improve Opioid Outcomes in Virginia](#)

**New from our research team and partners**



[Using State All-Payer Claims Data to Identify the Active Primary Care Workforce: A Novel Study in Virginia](#)



[Feasibility of Patient Navigation for Care Planning in Primary Care](#)



[Primary Care: A Critical Stopgap of Mental Health Services During the COVID-19 Pandemic](#)

[Emergence of Gun Violence as a Patient Priority](#)

[The EvidenceNOW Practice Support Initiative: The Heart of Virginia Healthcare](#)

