



summer 2023 newsletter

Thank you for answering the Virginia Primary Care Survey! Your responses allowed us to prepare submissions for the 2023 Practice-Based Research Network Conference where two were selected as Outstanding Presentations.

Primary Care Shortage More Dire than Prior Estimates: Comparing Real Panel Size to Estimated Panel Size

We queried the Virginia All-Payer Claims Database to identify the mean and median number of unique patients a PCP saw each year between 2016 and 2019. Based on the 2019 “real” panel size of 1,368 patients, Virginia needs 30% more PCPs (1,456) than we currently have (4,872 clinicians) in order for every Virginian to have a PCP.

Telehealth critical for access to primary care, but only with adequate payment

We found that practices worry about sustainability (61% are concerned that reimbursement will be discontinued and 45% report they don’t plan to continue promoting video visits) and that telephone visits are integral to telehealth (25% of visits are by telephone only, 53% of practices report patients have difficulty accessing video visits, 64% report patients’ internet connection limits video visits, and 17% report patients don’t want video visits at all).

Read about how Virginia practices care for their patients’ mental health and how they responded to the pandemic. These new one pagers were created using responses to the Virginia Primary Care Survey from your peers in primary care.



Recently published

**Do you practice medicine in Virginia?** We are conducting a study of health care value in primary care practices. Health care value refers to the balance of benefits to risks for a particular service. For example, a “high-value” service would have greater benefits compared to risks while a “low-value” service would have greater risks compared with benefits. Please fill out the survey and you can opt to receive a \$20 gift card!



Use of population health data to promote equitable recruitment for a primary care practice implementation trial addressing unhealthy alcohol use



Rising Racial Disparities in Opioid Mortality and Undertreatment of Opioid Use Disorder and Mental Health Comorbidities in Virginia



Overuse of Reflux Medications in Infants



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