

On February 15, a committee of the National Academies of Sciences, Engineering, and Medicine released its report examining the potential for improving health outcomes through a Whole Health care model. The model focuses on transformation to a whole person-centered integrative approach to health creation and well-being by incorporating patients' goals and priorities into their health care decisions, while still providing high quality disease management. The work you have been helping us with in ACORN aligns with a Whole Health approach. [Learn more about the report and watch the release webinar.](#)



Kristen O'Loughlin matched at her #1 internship choice University of Washington! Since 2019, she has served as community health worker and patient navigator on our [Enhanced Care Planning](#) project. She has been a core member of the study team since the start and we are so grateful for all her hard work, her leadership, and her friendship. She graduates with her doctorate in psychology this year and will be starting at University of Washington in July. We are incredibly proud and excited for her as she makes her way home to the West Coast. Congratulations and thank you for everything, Kristen!

What's on your mind? We're listening! This spring, ACORN will be conducting partnership assessments – interviews with clinicians, staff, practice managers, administrators, etc. – about the state of primary care, the needs of primary care, and the directions in which our network should guide practice-based research. We endeavor to do research that matters to you and helps primary care. Interviews last 30-45 minutes and interviewees will receive a \$75 gift card for their time. Please reach out to us at acorn@vcuhealth.org if interested in participating.

Our pediatric investigators took their work to the Academic Pediatric Association Region IV meeting in Charlottesville last month. Dr. Elizabeth Wolf presented “Factors Contributing to the Increasing Diagnosis and Treatment Attention-Deficit/Hyperactivity Disorder,” Dr. Casey Freymiller presented “Cutting Edge Education: Using Circ Simulation to Improve Pediatric Resident Knowledge and Comfortability,” and medical student Charanya Uppalapati presented “Attitudes of Pediatric Primary Care Practices towards Medicaid Payment Reform.”

The Virginia Primary Care Survey

Last year, we conducted a survey of all primary care practices in the Commonwealth and 526 of you answered! We appreciate everyone who took part. [Read what Virginia primary care practices said](#) about the state of primary care, Alternative Payment Models (APMs), and telehealth, as well as our takeaways.

